



# Moms & Minis

A Mobile Maternal & Infant Health Program



# Bringing Maternal and Infant Care to Rural Areas

Rural and Tribal communities across the United States face severe maternal and infant health challenges. Hospital closures, loss of Labor & Delivery (L&D) units, staff shortages, and other gaps can block access to prenatal, delivery, and postpartum services.

The Moms & Minis program brings advanced care to remote communities. Led by experts in Native and rural health solutions, the program leverages mobile units, telehealth, home nursing, workforce development, and hospital partnerships to bring quality maternity care to your community.

## **Our solutions bridge the Birth Divide with long-term results:**

- Higher prenatal care compliance
- Fewer maternal & infant complications
- Stabilized rural hospitals and L&D services
- Expanded local nursing workforce capacity
- Fewer maternity care deserts
- Improved substance-use support for mothers
- Better maternal mental-health outcomes



# Mobile Maternal and Infant Health Program Services

- **Mobile clinics:** Prenatal visits, fetal monitoring, labs, ultrasound, education, vaccines
- **Telehealth visits:** Supplemental prenatal/postnatal care with behavioral health follow-up
- **RN-led community care:** supported by rotating midwives, WHNPs, and OB/GYN specialists
- **Post-delivery support:** Telehealth check-ins, depression screening, lactation support
- **High-risk & substance-use support:** In-home monitoring, maternal SUD care coordination, newborn follow-up
- **In-hospital support:** Elbow-to-elbow support & education, preceptorship, administrative support, bedside care
- **Patient education:** guidance on prenatal care, newborn care, safe sleep, breastfeeding, and recovery
- **Home visits:** for high-risk or low-mobility patients
- **Counseling and care coordination:** for substance use-affected mothers
- **Policy and procedure support**

# Clinical Coverage, Staffing Support

Struggling to meet minimum staffing levels? Or ensure around-the-clock OB coverage? Our rotating clinical staff model helps maternity units thrive while building long-term capacity.

- Scheduled and as-needed shift coverage
- Safe staffing levels for L&D, postpartum, nursery, women's health
- On-site mentorship for new local nurses
- Specialty coverage by OB/GYNs and WHNPs
- Flex capacity for sudden volume spikes or emergencies
- Working with local teams to build long-term internal capacity

## We train nurses to be L&D-ready.

Our program provides competency-based training for triage, labor support, postpartum recovery, and newborn care. Nurses receive:

- Side-by-side clinical training with experienced L&D nurses
- Didactic instruction using evidence-based curricula
- ALSO (Advanced Life Support in Obstetrics) certification
- Neonatal Resuscitation Program certification
- Fetal heart monitoring courses through AWHONN or ACOG

**Result: your nursing workforce is trained to support local deliveries and deliver top-tier maternity and infant care.**



A woman with long dark hair is smiling and looking down at a baby. Another person's hands are visible near the baby, suggesting a medical or caregiving setting. The background is slightly blurred, showing what appears to be a clinical or office environment.

**Moms & Minis brings advanced care models and world-class providers to every engagement.**

**If you're in search of sustainable change for rural and Native maternal health, let's talk about how our program can train your workforce and improve outcomes for mothers and infants in your community.**

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