

# 7 SOLUTIONS TO THE TRIBAL HEALTH CRISIS

Indigenous communities face a dire healthcare crisis – battling high rates of chronic disease and substance abuse but limited by generational poverty and lack of healthcare funding.

7 changes can help strengthen and revitalize Native American tribes.



TRIBAL  
HEALTH

1

## Culture-Centric Care

Treatment based on traditional Indigenous therapies and medicines is proven to improve healthcare outcomes.

2

## Enriching the Native Talent Pipeline

Indigenous clinicians can foster deeper trust by understanding the community's values, lifestyles, and spiritual beliefs - but only .4% of physicians are Native American.

3

## Representation in Clinical Research

Vaccine and medication trials can omit Native participation, while public health research often overlooks Tribal populations.

4

## Behavioral Health Resources

Suicide, opioid overdose, and mental illness are rising in Tribal communities - but their facilities often lack behavioral specialists.

5

## Augmented Staffing

Provider shortages and high turnover can break patients' trust and burn out facility staff. Locum tenens staffing can bring fresh skills to Tribal facilities and improve patient outcomes.

6

## Telemedicine

Instead of transferring patients off reservation to distant hospitals, facilities can connect them to specialty expertise and keep them in their community during treatment.

7

## Onsite Clinical Training

Clinical instructors can teach tribal facility staff new care delivery method and skills so they never need to miss a shift or travel for training.

